

## Curriculum Vitae

**Dr. Pooja Rani**  
Contact no. 8950552184  
[pooiaranga92@gmail.com](mailto:pooiaranga92@gmail.com)



### Educational Details

Degree	University	Institute	Specialization	Passing Yr.
MD	UAU Dehradun	Uttarakhand Ayurved University, Rishikul Campus, Haridwar	Rasa Shastra & Bhaishajya Kalpana	2019
BAMS	Pt. BDSUHS Rohtak	Shri Krishna Government Ayurvedic College & Hospital	General Ayurveda	2016
AISSCE	CBSE	Kendriya Vidyalaya, Bhiwani	Science	2010

### Scholastic Achievement

**Qualified** the State Talent Search Examination (STSE) Haryana [2008]

### Internship

#### Rotatory Internship Training

**9 months Ayurvedic training-** Shri Krishna Government Ayurvedic College and Hospital [Apr 15- Jan 16]

**3 months Allopathic training-** LNJP government hospital, Kurukshetra. [Jan 16- Apr 16]

### Academic Project

**Title:** Standardization and Pharmacological evaluation of Jalkumbhi Bhasma w.s.r. to Hypothyroidism.

**Duration:** 2016-2019

**Description:** This project aims to develop the Standard Manufacturing Procedure for Jalkumbhi Bhasma. To achieve this objective three samples of Jalkumbhi Bhasma were prepared with the Bhavana of Gomutra and were analyzed on Physicochemical Parameters established in API. An experimental study was also carried out to evaluate the effect of Jalkumbhi Bhasma on Hypothyroidism in Wistar albino rats, after the approval of the animal ethical committee.

### Academic and Research Interests

- Rasa Shastra and Bhaishajya Kalpana
- Analytical testing
- Animal testing

### Conferences and Workshops

- **Delegate of State Campaign on Ksharsutra**, organized by Dept. of Ayush, Haryana [17-18 Sep. 2015]
- **International Conference on Factors affecting the efficacy of Ayurvedic Medicine**, Department of Rachana Sharir, Faculty of Ayurveda IMS, Banaras Hindu University, Varanasi. [5- 6 Jan 2017]
- Paper presented on **Panchgavya** at International conference on evidence based Ayurved and Life Science, Bareilly [16- 17Apr 2017]
- Poster presented at Vishal Shradhanjali Sabha Kartarpur Haridwar. [8 Feb 2018]
- One day **workshop on Management of Gridhasi and Katishool** at Uttarakhand Ayurved University, Gurukul Campus Haridwar. [11 Feb 2018]
- **Paper presented on Ayurvedic Management for Osteoarthritis** at the national seminar on **Pain Management through Ayurveda** at M.M.M. Govt. Ayurved College, Udaipur. [17-18 Feb 2018]

- One day **workshop on Marmachikitsa** at Uttarakhand Ayurved University, Rishikul Campus Haridwar [25 Mar 2018]
- **Paper presented** on topic **Advancement in Drug Delivery System as Micro-Nano Emulsion** in Ayurveda **Ayucon** national seminar on Emerging Trends in Teaching Training and Patient Care in Ayurved at Govt. P.G. Ayurved College and Hospital Varanasi [6-7Apr 2018]
- **National Seminar on Role of Basic Science to Develop Diagnostic Tools for Srotodushti w.s.r. to Purvarupa of Metabolic Disorder** presented Paper entitled Effect of Jalkumbhi Bhasma in Hypothyroidism at Department of Rachana Sharir, Faculty of Ayurveda IMS, Banaras Hindu University, Varanasi. [16-17Apr 2018]
- One Day **workshop on Marma Chikitsa, Pain management and Gall Bladder stone Management in Nirogstreet sambhasha** at BSI Ayurveda Medical College, Roorkee. [19 Jan 2019]
- **Paper presentation** on the topic “**Anti-ageing concept in Ayurved w.s.r. Amalaki Rasayan**” in National seminar on Ayurveda- The Renaissance-2019 on the Concept of Public Health in Ayurved by All India Ayurved Specialists (P.G.) Association, Bareilly, U.P. Branch. [24 Sep 2019]
- Participated in the world’s first symposium on “**Role of Meditation in Preservation of Cardiovascular Disease**” at All India Institute of Medical Sciences, Rishikesh. [9-10 Mar 2019]
- Participated in the national workshop on **Healthy Mother & Child Through Ayurved** organized by Vishwa Ayurved Parishad, Haridwar & Uttarakhand Ayurved University, Rishikul Campus, Haridwar. [31 Aug 2019]

#### Paper publication detail

- “**Pathya Ahara & Vihara and Their influence on efficacy of Ayurvedic Medicines**”, Pooja Rani and Shuchi Mitra, International Journal of Green Pharmacy, Vol- 12 Special Issue 2018, 54-56.
- “**Role of Panchgavya Ghritta in Psychological disorders: A Review**”, Sudhakar Magazine, April 2019, ISBN no. 81-87466-14-9.
- “**Havana as a Tool for Saviour of Mankind: A Review**”, World Journal of Pharmaceutical Research, Vol.- 8 Issue 12,420-427.
- “**Study the efficacy of Gomutra Bhavita Jalakumbhī Bhasma in animal model of hypothyroidism**” in Aryavaidyam, Volume 33 Issue 3, 14-19.

#### Journal papers under review

- “**An exploratory review on Amritadi Tail w.s.r. to Hypothyroidism**” in International Journal of Research in Ayurveda and Pharmacy (IJRAP).
- “**Pharmaceutical standardization and Physico-chemical analysis of Jalkumbhi Bhasma**” in Indian Journal of Traditional Knowledge (IJTK).
- “**Physico-chemical characterization of successive pharmaceutical forms of Jalkumbhi (Pistia stratiotes Linn.)**” in Ancient Science of Life (ASL).

### Teaching experience

Designaion	Department	Institute	From	To	Total
Assistant Professor	Agad Tantra avum Vidhi Vaidyaka	Aligarh Unani Ayurvedic Medical College & ACN Hospital, Aligarh, Uttara Pradesh	20 Jan 2020	14 Jan 2021	1 Year
Assistant Professor	Rasa Shastra & Bhaishajya Kalpana	Aligarh Unani Ayurvedic Medical College & ACN Hospital, Aligarh, Uttara Pradesh	15 Jan 2021	Till now	

### Personal details

Permanent Address: 996-A, Sec- 23, HUDA, Bhiwani, Haryana.

Date of Birth: 30/04/1992



# Dr.Md Tanzil Ansari

## B.A.M.S., MD(Ayu.)

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### Experience

- Currently working as Assistant Professor, Department of Kayachikitsa (General Medicine), Aligarh Ayurvedic Medical College & ACN Hospital, Aligarh, Uttar Pradesh
- Previously worked as a Junior House Physician, Department of Kayachikitsa (General Medicine) & Atyaika Chikitsa (Emergency Management) at J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata, Govt. of West Bengal

### Education

- B.A.M.S.(Ayurvedacharya), 2018 from J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata under W.B.U.H.S., Govt. of West Bengal
- MD AYURVEDA (Ayurveda Vachaspati) in Kayachikitsa (General Medicine), 2021 from Institute of Post Graduate Ayurvedic Education & Research, Kolkata under W.B.U.H.S., Govt. of West Bengal

### Title Of M.D. Dissertation:

**A COMPARATIVE CLINICAL STUDY OF TRIKARSHIKA KWATHA WITH AND WITHOUT LIFESTYLE MODIFICATION IN THE MANAGEMENT OF VATARAKTA WITH SPECIAL REFERENCE TO HYPERURICAEMIA**

ACN Campus, ACN  
City, Kasimpur  
Power House Road,  
Aligarh, Uttar  
Pradesh - 202127



+91-7890164250



tanzilansari23@gmail.com



### Academic Excellence:

- Madhyamik (Class - X) topper of the school.
- Higher Secondary (Class - XII) topper of the school.
- Got 2<sup>nd</sup> rank in 2<sup>nd</sup> & 4<sup>th</sup> Prof. B.A.M.S. Examinations.
- Got 1<sup>st</sup> rank in M.D. Part-I & Part-II Examinations.
- Got distinction marks in different subjects like Dravyaguna Vigyana, Charaka Samhita (Purvardh), Roga Vigyana Evam Vikriti Vigyana, Kaumarbhritya and Shalya Tantra during B.A.M.S.

### Publications:

- Geriatric Health Care through Rasayana: A Review, IRJAY, November:2020, Vol-3, Issue-11; 162-171.
- Management of Vicharchika (Lichen Simplex Chronicus) By Shamana Chikitsa: A Case Study, IJAPR. 2020; 8(12):21-24.
- Ayurvedic Management of Prediabetes: A Case Study, WJPR. 2021; 10(2):1200-1208.
- Role of Ayurveda in the Management of COVID-19: A Review, IJAPC. 2021; 14(2):182-188.
- A Review on the Significance of Nitya Virechana in the Management of Jalodara (Ascites), IJAPR. 2021; 9(2):61-64.
- A Comparative Clinical Study of Trikarshika Kwatha with and without Lifestyle Modification in the Management of Vatarakta with special reference to Hyperuricaemia, IJAPR. 2021; 9 (Supp 1):10-19.
- Role of Vyadhikshamatwa (Immunity) in the Prevention of Aupasargik Rogas (Communicable Disease), IRJAY, December:2020, Vol-3, Issue-12; 134-141.
- Anidra and its Management through Ayurveda: A Review, IRJAY, February:2021, Vol-4, Issue-2; 80-86.
- Manas (Mind) and Manovikara (Mental Disorder) in Ayurveda: A Review, IJAPR. 2021; 9(1):71-76.
- Role of Bhesaja and Shalya Chikitsa in Arsha Roga W.S.R. to Haemorrhoids, WJARR. 2022; 14(02): 68-75

### Presentation:

- 1 Poster Presentation on “Management of Kesha patana (Hair fall): An Ayurvedic Literature Review” at International Symposium

### Seminars / Workshops Attended:

- 3 days International Seminar on “**Promotion, Prevention and Pacification: Ayurvedic Landscape**” organized by Centenary Celebration Committee of J. B. Roy State Ayurvedic Medical College & Hospital, held during February 9-11, 2016.
- 2 days National Seminar on “**Caraka Samhita: Its Clinical Applications**” organized by the Asiatic Society on 21<sup>st</sup> & 22<sup>nd</sup> March, 2016.

- 2 days National Workshop on “**Marma Chikitsa**” organized by PG Department of Shalya Tantra, National Institute of Ayurveda (Ministry of AYUSH, Govt. of India), Jaipur, held on 30<sup>th</sup> & 31<sup>st</sup> August, 2019.
- 2 days International Symposium on “**Yoga Ayurveda & Other Streams of AYUSH**” organized by Shree Satyananda Mahapeeth, Jadavpur, Kolkata, W.B. in collaboration with West Bengal Council of Yoga and Naturopathy, Paschim Banga Ayurveda Parishad on 7<sup>th</sup> & 8<sup>th</sup> March, 2020.
- Webinar on “**Pharmacovigilance Awareness Programme for ASU&H drugs**” organized by IPvC, ITRA, Jamnagar on 25<sup>th</sup> January, 2021.
- Attend monthly Webinar CME organised by Pashchim Banga Ayurved Chikitsak Samity.

### Awards:

- Received **Medal and Certificate of Appreciation** by the college for obtaining the distinction marks in Dravyaguna Vigyana and Charaka Samhita (Purvardh) in 2<sup>nd</sup> Prof. B.A.M.S. Examination.
- Received **Gold Medal and Certificate of Appreciation** from **Indian Pharmacological Society, West Bengal Branch** for securing highest marks in “Dravyaguna – Ayurvedic Pharmacology” under WBUHS in 2014.
- Received “**Dabur Ayurmedha Annual Ayurveda Scholarship**” for holding 2<sup>nd</sup> rank in 2<sup>nd</sup> Prof. B.A.M.S. Examination.
- Received “**Dabur Ayurmedha Annual Ayurveda Scholarship**” as Dravyaguna Topper.
- Received **Medal and Certificate of Appreciation** by the college for obtaining the distinction marks in Roga Vigyana Evam Vikriti Vigyana and Kaumarbhritya in 3<sup>rd</sup> Prof. B.A.M.S. Examination.

**DR. MD MONIRUZZAMAN – B.A.M.S., M.D. (Ayu)**

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**EDUCATIONAL QUALIFICATION:**

<b>Name of the Degree/Course</b>	<b>Name of the Board/University</b>	<b>Year of passing</b>
B.A.M.S.	The West Bengal University of Health Sciences	2017
M.D. (Kayachikitsa)	The West Bengal University of Health Sciences	2021
Diploma in Ayurveda Massage and Panchakarma	Bharat Sevak Samaj	2015

**TITLE OF M.D. DISSERTATION:**

- A Clinical Study on The Efficacy of a Combined Therapy (Abhyanga, Nasya Karma and Samana Ausadhi) in the Management of Pakshaghata w.s.r. to Post CVA Hemiplegia.

**Work Experience:**

- 1 year House Physician in the department of Kayachikitsa (Medicine) at Rajib Gandhi Memorial Ayurvedic College & Hospital, West Bengal.

**Comprehensive Exposure:**

- Panchakarma
- Agnikarma
- Raktamokshana
- Marma Therapy

## **PRESENTATION:**

- 1 Poster Presentation at International Symposium.

## **SEMINARS / WORKSHOPS ATTENDED:**

- Role of Ayurvedic Modalities in the Management of Ekakustha(Psoriasis): A Case Report Doi: <https://doi.org/10.47223/IRJAY.2021.4112>
- A Single Case Study on the Ayurvedic management of Subclinical Hypothyroidism.Doi:<https://doi.org/10.47223/IRJAY.2020.31205>
- A Single Case Study on the role of Varasanadi Kashaya in the management of Dyslipidemia.DOI: 10.20959/wjpr20212-19705
- Samprapti, Chikitsa Sutra & Pathya-Apathya Of Tamak Shwasa: An Ayurvedic Perspective. Published in a magazine named „Times Of Ayurved“, May-Jul 2019, Paschim Banga Ayurved Parishad.
- Nidan, Samprapti & Chikitsa Sutra of Pandu Roga: An Ayurvedic Literature Review. Published in a magazine named „Times Of Ayurved“, Aug-Oct 2019, Paschim Banga Ayurved Parishad.

## **PERSONAL DETAILS:**

- **Name** – Dr. Md Moniruzzaman
- **Father’s Name** – Md Mahamud Hossain
- **Sex** – Male
- **Date of Birth** – 01.02.1992
- **Marital Status** – Unmarried
- **Nationality** – Indian
- **Permanent Address** – Hatiara Majherpara, Newtown, Kol - 700157
- **Local Address** – ACN Campus, ACN City, Kasimpur Power House Road, Aligarh, Uttar Pradesh - 202127
- **Present Designation:** Assistant Professor, Department of Panchakarma, Aligarh Ayurvedic Medical College & ACN Hospital





**DR. JAYA KUILA – B.A.M.S., M.D. (Ayu)**

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**EDUCATIONAL QUALIFICATION:**

<b>Name of the Degree/Course</b>	<b>Name of the Board/University</b>	<b>Year of passing</b>
B.A.M.S.	The West Bengal University of Health Sciences	2017
M.D. (Kayachikitsa)	The West Bengal University of Health Sciences	2021

**TITLE OF M.D. DISSERTATION:**

A Comparative Clinical Evaluation and Therapeutic Effect of A Kasayam, Nasya Karma and Abhyanga in the management of Ababahuka w.s.r. to Frozen Shoulder.

**ACADEMIC EXCELLENCE:**

- Madhyamik (Class - X) topper of the school.
- Got 1<sup>st</sup> rank in West Bengal University of Health Sciences in All India Pre P.G. Exam.

**Work Experience:**

- 6 months House Physician in the department of Shalya Tantra (Surgery) at Rajib Gandhi Memorial Ayurvedic College & Hospital, West Bengal.
- Worked under the guidance of Dr. Piyush Dwevedi At Ayurnest Clinic for 6 months.

**PUBLICATIONS:**

- Anidra And Its Management Through Ayurveda: A Review. DOI: <https://doi.org/10.47223/IRJAY.2021.4202>

- Management of Vicharchika (Lichen Simplex Chronicus) by Shamana Chikitsa : A Casa Study. IJAPR. 2020;8(12):21-24.
- Ayurvedic Management of Vatasthila (Benign Prostatic Hypertrophy): A Case Study. DOI: 10.20959/wjpr20212-19645.
- Nidan, Samprapti & Chikitsa Sutra of Pandu Roga: An Ayurvedic Literature Review. Published in a magazine named 'Times Of Ayurved', Aug-Oct 2019, Paschim Banga Ayurved Parishad.
- Samprapti, Chikitsa Sutra & Pathya-Apathya Of Tamak Shwasa: An Ayurvedic Perspective. Published in a magazine named 'Times Of Ayurved', May-Jul 2019, Paschim Banga Ayurved Parishad.

#### **PRESENTATION:**

- 1 Poster Presentation at International Symposium.

#### **SEMINARS / WORKSHOPS ATTENDED:**

- 2 days National Workshop on “**Marma Chikitsa**” organized by PG Department of Shalya Tantra, National Institute of Ayurveda (Ministry of AYUSH, Govt. of India), Jaipur, held on 30<sup>th</sup> & 31<sup>st</sup> August, 2019.
- 2 days International Symposium on “**Yoga Ayurveda & Other Streams of AYUSH**” organized by Shree Satyananda Mahapeeth, Jadavpur, Kolkata, W.B. in collaboration with West Bengal Council of Yoga and Naturopathy, Paschim Banga Ayurveda Parishad on 7<sup>th</sup> & 8<sup>th</sup> March, 2020.
- Attended National Workshop on Ayurveda 2015, West Bengal.
- Attended the State Seminar on “Relevance of Ayurveda in Diabetes Control” 23<sup>rd</sup> dec 2019 at Raghunath Ayurved Mahavidyalaya & Hospital.
- Attended the Pre Seminar of National Workshop on Ayurveda, on 14<sup>th</sup> feb 2015, organized by Vivekananda Vijnan Mission, NASYA & Rajib Gandhi Memorial Ayurvedic College & Hospital, West Bengal.
- Attend webinar CME organized by Paschim Banga Ayurved Chikitsak Samity, West Bengal.

#### **PERSONAL DETAILS:**

- **Name** – Dr. Jaya Kuila
- **Father's Name** – Asit Kuila

- **Sex** – Female
- **Date of Birth** – 24.02.1993
- **Marital Status** – Unmarried
- **Nationality** – Indian
- **Permanent Address** – vill- Karimpur Nazirabad main road, P.O- Ucchepota, P.S- Narendrapur, South 24 Parganas, West Bengal, Pin- 700150
- **Local Address** – ACN Campus, ACN City, Kasimpur Power House Road, Aligarh, Uttar Pradesh - 202127
- **Present Designation:** Assistant Professor, Department of Kaumarbhritya, Aligarh Ayurvedic Medical College & ACN Hospital



# Dr. Abdur Rahaman

## B.A.M.S., MD(Ayu)

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### Experience

- Currently working as Assistant Professor, Department of Dravyaguna Vigyan (Materia Medica & Pharmacology), Aligarh Ayurvedic Medical College & ACN Hospital, Aligarh, Uttar Pradesh
- Previously worked as a Senior House Surgeon, Department of Shalya Tantra (General Surgery including Ksharsutra) & Atyaika Chikitsa (Emergency Management) at J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata, Govt. of West Bengal
- Worked as a Junior House Surgeon, Department of Shalya Tantra (General Surgery including Ksharsutra) & Atyaika Chikitsa (Emergency Management) at J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata, Govt. of West Bengal
- Worked as a Chief Ayurvedic Consultant at Arogya Niketan Clinic & Vedic Care Clinic, Kolkata, West Bengal



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### Education

- B.A.M.S.(Ayurvedacharya), 2015 from J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata under W.B.U.H.S., Govt. of West Bengal
- MD AYURVEDA (Ayurveda Vachaspati) in DRAVYAGUNA (Materia Medica & Pharmacology), 2021 from Institute of Post Graduate Ayurvedic Education & Research, Kolkata under W.B.U.H.S., Govt. of West Bengal



## Dissertation Topic

**“Comparative assessment of the Rasayan Guna Karma and safety profile of hydroalcoholic extract of Toxic medicinal plants by using the Antioxidant and Chronic toxicity studies”**

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## Presentation/Seminar/CME

- 3 days International Seminar on **“Promotion, Prevention and Pacification: Ayurvedic Landscape”** organized by Centenary Celebration Committee of J.B.Roy State Ayurvedic Medical College & Hospital, held during February 9-11, 2016
- 2 days International Symposium on **“Yoga, Ayurveda & Other Streams of AYUSH”** organized by Shree Satyananda Mahapeeth, Jadavpur, Kolkata in collaboration with West Bengal Council of Yoga and Naturopathy & Paschim Banga Ayurved Parishad on 7<sup>th</sup> & 8<sup>th</sup> March, 2020
- Poster presentation on **“Safety And Efficacy Of Poisonous Ayurvedic Plants After Traditional Purification (Shodhan)”** at International Symposium in SOHAM 2020, Kolkata, West Bengal
- Webinar on **“Awareness Programme on Pharmacovigilance”** organized by IPvC, ITRA-Jamnagar, Ministry of AYUSH, Govt. of India on 25<sup>th</sup> January, 2021
- Completed the training programme on **“Ayurvedic Doctors on Modern Medicine (Limited)”** organized by Department of Pharmacology, NRS Medical college, Dept. of Health & Family welfare, Govt. of West Bengal

## Publications in Journal/Magazine

### **In Journal-**

- Rahaman et al., **A comprehensive review and aoushadhi prayog of *Acacia catechu* WILD. W.S.R. to Nighantus**, World Journal of Pharmaceutical Research, Vol 11, Issue 6, 2022, 416-428
- Abdur Rahaman\*, Tanzil Ansari, Trisha Talapatra, **Role of Bhesaja and Shalya Chikitsa in Arsha Roga W.S.R. to Haemorrhoids**, World Journal of Advance Research and Reviews, 2022, 14(02), 068-075
- Rahaman et al., **Asthisamhari (*Cissus quadrangularis* Linn.), a Medicinal Plant in Ayurveda and Modern perspective: A comprehensive review**, International Journal of Pharmaceutical Research and Application, Vol 7, Issue 3, 2022, pp: 29-37
- Rahaman et al., **A comprehensive review of Haritaki (*Terminalia Chebula* RETZ.) and Ritu Haritaki W.S.R. to Ayurveda and Modern Pharmacological perspective**, International Journal of Pharmaceutical Research and Application, Vol 7, Issue 3, 2022, pp: 45-52
- Rahaman et al., **Cutch Tree: A brief Review on Ayurveda and Modern Pharmacological properties**, Journal of Research in Pharmaceutical Science, Vol 8, Issue 4(2022), pp: 06-13
- Rahaman et al., **A comprehensive review of Ayurvedic Management of Arsha Roga W.S.R. to Haemorrhoids**, Journal of Medical and Dental Science Research, Vol 9, Issue 4 (2022), pp: 80-84
- Dr.Abdur Rahaman<sup>2</sup>, Dr.Ushasi Ghosh Chaudhury<sup>1\*</sup>, Dr.Poonam Chhabra<sup>3</sup>, **A Comprehensive Review and Standardization of Talisapatra W.S.R. to Bhrihatrayee and Nighantus**, World Journal of Pharmaceutical Research, Vol 11, Issue 6, 569-579

### **In Magazine-**

Regular writer of most famous & leading Bengali Health Magazine **“Sarir o Sasthya”** published by **Bartaman Patrika**. He wrote various health issues and topics related to

Ayurveda for this magazine. These are-

- **Amalaki- Benefits and how to consume-** Sarir o Sasthya, 15<sup>th</sup> January, 2021
- **Benefits of vegetables of summer season-** Sarir o Sasthya, 15<sup>th</sup> April, 2021
- **Does consumption of Bitter food helpful in Diabetes?** -Saptahik Bartaman, 25<sup>th</sup> September, 2021
- **Which fruits are best for winter season?** – Sarir o Sasthya, 15<sup>th</sup> December, 2021
- **Benefits of Tikta Rasa- as per the Ayurveda & Modern science perspective** – Saptahik Bartaman, 5<sup>th</sup> March, 2022
- **Nutritional value of flowers** - Sarir o Sasthya, 15<sup>th</sup> April, 2022
- **Glimpse of Glory: A brief case history** - Dr.Abdur Rahaman, Dr.Abhimanyu Poddar, Dr.Kawsar Haque Mondal & Dr.Srinkanta Pandit, Souvenir of 102<sup>nd</sup> Foundation Day and 46<sup>th</sup> Reunion, 2016, J.B.Roy State Ayurvedic Medical College & Hospital, Govt. of West Bengal
- **Immunity- Advance self-care through Ayurveda-** Dr.Abdur Rahaman, Nishan Magazine, December, 2021

#### Recognition of excellence

- He is recognized for Unique ayurvedic treatment skills for a chronic disease in various Leading Bengali News Paper like- **Dainik Sangbad** on 22<sup>nd</sup> November, 2016 & **Ekdin Patrika** on 12<sup>th</sup> November, 2016
- He was also appeared on **TV9 Bangla** for his excellence on Dravyaguna Vigyan & demonstrated various endangered Plants in Herbal Garden, Eco Park, Kolkata on 14<sup>th</sup> January, 2021



### **PERSONAL DETAILS-**

**NAME- Dr. Deborshi Ganguly**

**ADDRESS- 634, Purba sinthee Road Madhugarh Dum, Dum Kolkata-700030**

**D.O.B- 29/04/1981**

**MOBILE NO- 9674176912**

**Email ID- deborshi432@gmail.com**

### **ACADEMIC QUALIFICATION-**

**Secondary Examination (X)- In the year of 1997 under the West Bengal Board of Secondary Examination.**

**Higher Secondary Examination (XII)- In the year of 1999 under the West Bengal Council of Higher Secondary Examination.**

**B.Sc. (Bio-Sc)- Passed B.Sc. (Bio-Sc.) at Dum Dum Motijheel College of Science under Calcutta University in the year of 2002.**



B.A.M.S. – Passed B.A.M.S at Rajib Gandhi Memorial Ayurvedic College & Hospital under the west Bengal university of Health Sciences in the year of 2010

MD.- Passed MD ( Dravyaguna Vigyan) at I.P.G.A.E&R. S.V.S.P. Kolkata in the year of 2020.

### **TITLE OF THESIS WORK-**

*Pre clinical and clinical Evaluation of Wound healing and antimicrobial activities of Ayurvedic formulation for the treatment of disease Vicharchika (Eczema)*

### **WORKING DETAILS-**

Assistant professor ( Dept of Dravyaguna Vigyan) at Aligarh Ayurvedic Medical College & ACN Hospital. Green Park, Anoop Shahar Road, opp. FM Tower, Aligarh, UP- 202002

D.O.J- 9/4/2022 to till date.

### **CARRIER ACHIVEMENT-**

In March-2020 Participants International Symposium on Yoga Ayurveda & other stream of Ayush and presented an Abstract in the poster category secured 1st position for poster presentation.

### **LANGUAGES-**

Speaking Bengali, Hindi & English.

**DR.VINILA V DESAI**  
**BAMS, MD(RASASHASTRA EVUM BHAISHAJYAKALPANA)**  
**CONTACT : 08830336445**  
**MAIL ID : [vdesai7591@gmail.com](mailto:vdesai7591@gmail.com)**



**CURRENT DESIGNATION : ASSISTANT PROFESSOR .**

DEPARTMENT OF RASASHASTRA EVUM BHAISHAJYAKALPANA.  
ALIGARH AYURVED MEDICAL COLLEGE, ALIGARH, UTTARPRADESH.

**EDUCATIONAL BACKGROUND :**

COMPLETED M.D. RASASHASTRA EVUM BHAISHAJYAKALPANA IN YEAR DEC. 2020 FROM CSJM KANPUR UNIVERSITY.

COMPLETED B.A.M.S IN YEAR MARCH 2014 FROM MUHS NASHIK.

COMPLETED H.S.C. IN YEAR FEB 2008 FROM KOLHAPUR BOARD.

COMPLETED S.S.C. IN YEAR MARCH 2006 FROM KOLHAPUR BOARD.

**POST GRADUATE SPECIALIZATION :**

RASASHASTRA AND BHAISHAJYAKALPANA.

**POST GRADUATE THESIS :**

KAPARDIKA BHASMA : STANDARDIZATION AND QUALITY CONTROL ASPECTS.

**MCIM REG. NO. : I-78683-A.**

**NCISM PRACTITIONER Id : NR/AY/MH/0054666.**

**TEACHERS CODE : AYRB01727.**

**AREA OF INTEREST :**

TEACHING.

CLINICAL PRACTICE.

RESEARCH AND DEVELOPMENT.

**TRAININGS UNDERTAKEN :**

INTERNSHIP PERIOD : COMPLETED FROM 24/03/2014 TO 26/03/2015.

1 MONTH TRAINING PROGRAMME OF PATANJALI YOGPEETH HARIDWAR(DIVYA YOG MANDIR TRUST) FROM 10/09/2015 TO 09/10/2015.

**EXPERIENCE:**

- 1) POST HELD : AYURVEDIC PHYSICIAN.  
INSTITUTE : PATANJALI CHIKITSALAY, KOTHRUD PUNE UNDER PATANJALI YOGPEETH HARIDWAR.  
DURATION : 01/11/2015 TO 30/11/2015.
  
- 2) POST HELD : AYURVEDIC PHYSICIAN.  
INSTITUTE : PATANJALI CHIKITSALAY, FATIMANAGAR PUNE UNDER PATANJALI YOGPEETH HARIDWAR.  
DURATION : 01/05/2019 TO 10/04/2022.
  
- 3) POST HELD : ASSISSTANT PROFFESSOR – RASASHASTRA EVUM BHAISHAJYAKALPANA VIBHAG.  
  
INSTITUTE : ALIGARH AYURVED MEDICAL COLLEGE, ALIGARH.  
DURATION : 12/04/2022 TILL DATE.

**CONFERENCE AND SEMINAR ATTENDED :**

NATIONAL SEMINAR - 07/09/2017	NATIONAL SEMINAR ON PANCHAKARMA	DELEGATE
NATIONAL SEMINAR - 13/10/2017	CLINICAL ASPECTS OF RASAUSHADHIS	PAPER PRESENTATION
INTERNATIONAL CONFERENCE – 14/01/2018-15/01/2018	AYURVEDA FOR DISEASE FREE SOCIETY	DELEGATE
INTERNATIONAL SEMINAR – 10/05/2019 TO 12/05/2019	AROGYASANGOSHTI - THE YOGSHALA EXPO 2019	POSTER PRESENTATION
NATIONAL SEMINAR – 27/09/2019	RENAL DISORDERS AND ITS INDIGENOUS MANAGEMENT	PAPER PRESENTATION
INTERNATIONAL CONFERENCE – 29/11/2019- 30/11/2019	EMERGING TRENDS IN DELIVERY OF PHYTOCONSTITUENTS AND ETHNOPHARMACOLOGY– VALIDATION OF TRADITIONAL MEDICINE II	DELEGATE
NATIONAL WEBINAR – 21/10/2020	CLINICAL RASASHASTRA	DELEGATE
NATIONAL WEBINAR – 29/01/2022	PREVENTION OF NONCOMMUNICABLE DISEASES W.S.R TO DIABETES	DELEGATE
WEBINAR – 21/06/2022	INTERNATIONAL DAY OF YOGA 2022	PARTICIPANT

**EXTRA CURRICULAR ACTIVITIES AND EXPERIENCE :**

CULTURAL SECRETARY : STUDENTS COUNCIL – SRUJAN KALPAKTECHA AVISHKAR 2012-2013,  
BHAI SAHEB SAWANT AYURVED MAHAVIDYALAY, SAWANTWADI,  
MAHARASHTRA.

SUVARNPRASHAN CAMPS : HELD IN CORE AREAS OF MAHARASHTRA, PATANJALI CHIKITSALAY  
PUNE, AAMC ALIGARH.

AGNIKARMA CAMPS : HELD IN PATANJALI CHIKITSALAY FATIMA NAGAR PUNE.

INTERNATIONAL DAY OF YOGA 2022 : ORGANISING COMMITTEE, AAMC ALIGARH.

**STRENGTHS AND KEY SKILLS :**

EXCELLENT THEORETICAL KNOWLEDGE.

EXCELLENT VERBAL AND WRITTEN COMMUNICATION SKILLS.

GOOD KNOWLEDGE OF CLINICAL PRACTICES AND PROTOCOLS.

ABILITY TO HANDLE DIFFERENT TYPES OF PATIENTS WITH CHRONIC DISEASES.

GOOD KNOWLEDGE OF TECHNOLOGY AND COMPUTER HANDLING.

FLEXIBLE AND ADAPTABLE.

EXTREMELY MOTIVATED TOWARDS CAREER.

QUICK LEARNER.

POLITE AND SOFT SPOKEN.

AMONG THE TOP RANK HOLDER OF COLLEGE AT TIME OF GRADUATION AS WELL AS POST  
GRADUATION.

**AWARDS AND ACIEVEMENTS :**

1 ST PRIZE FROM HIMALAYA HERBALS AS FIRST RANK HOLDER IN FINAL BAMS.

**INTERESTS:**

DANCING – COMPLETED SECOND LEVEL KATHAK EXAMINATION FROM AKHIL BHARATIYA  
GANDHARVA MAHAVIDYALAYA.

TRAVELLING.

READING.

**PERSONAL INFORMATION :**

ADDRESS: SAPHALYA NIWAS BEHIND ROJMEEN MEDICAL TAL. LANJA DIST. RATNAGIRI.  
MAHARASHTRA. PIN CODE: 416 701.

DATE OF BIRTH : 07/MAY/1991.

LANGUAGES KNOWN : ENGLISH, HINDI, MARATHI, SANSKRIT.

## **CURRICULAM VITAE**

### **DR.RAZA AHMED**

H.No. 109, SHEKPURI ROORKEE

DISTT- HARIDWAR (UK) Pin-247667

Mobile No.--+91 8923940987, 9368935070

E-mail - [vd.dr.razaahmed@gmail.com](mailto:vd.dr.razaahmed@gmail.com)



### **OBJECTIVE :-**

To work for an or where I can utilize my Knowledge, Scientific skills Analytical skills, hard work & Consistency for my innovative efforts towards organization's endeavors & Betterment of ayurveda.

### **EDUCATION QUALIFICATION :-**

- M.D (Ay) from Himaliya Ayurvedic P.G. College, Dehradun in Kriya Shareer (Physiology) Affiliated by Uttarakhand Ayurveda University, Dehradun Uttarakhand From - 2015-2018
- B.A.M.S. from Gurukul Ayurvedic Govt. P.G College Haridwar (H.N.B. GARHWAL Uni. Srinagar) Uttarakhand. -2011
- Diploma in Yoga & Naturopathy from U.O.0 in 2013.

### **WORKING EXPERIENCE :-**

- Asst. Prof. —Department of Physiology in B.S.I.Ayr. Medical College Roorkee
- Ayurvedic Physician at Rehmat multispeciality Ayurveda Hospital Roorkee
- Presently working as a Asst. Prof. Department of Kriya Shareer in Kanwar Shekhar Vijendra Ayurvedic Medical College and Research Centre Shobhit University, Gangho. Saharanpur (U.P.)
- Asst. Prof. — in B.S.I Ayurvedic Medical College and Research Centre Roorkee in Department of Kriya Shareer from 11-Nov-2018 to 30-Nov-2019 to till Morning Hrs.

## **PERSONAL INFORMATION :-**

Father's Name : Mr. Zameer Ahmed  
Sex : Male  
Date of Birth : 03 March 1986  
Nationality : Indian  
Marital Status : Married  
Languages Known : English, Hindi , Sanskrit , Urdu , Arabic

## **STRENGTH :-**

- Disciplined and confident Ayurvedic Physician with Extensive experience in hospital and Clinical settings
- Specialised in Skin and Pain management by Panchkarma . Specially in leech therapy
- Motivational Ayurveda Speaker

## **ACHIVEMENTS :-**

- Kashyapa Award — Oja festival Delhi 2019
- Certificated of excellence for innovative practice in the field of Ayurveda By M.L.A Roorkee Mr. Pradeep Batra at 23 June 2019
- One of the top 40 brightest Ayurveda Doctors in India in the age category of under 40 by Nirog Street in 2018
- Inspirational Ayurveda Icon award 2018 of Uttarakhand at World Unani Medicine Day 2019 by AYUSH Minister of Uttarakhand Mr. Harak Singh Rawat
- Innovative practice in Leech therapy got awarded on the occasion of World Ayurveda day 2018 by AYUSH Minister of Uttarakhand Mr. Harak Singh Rawat
- Torch bearer of Ayurveda in 2019 by Nirog street at Delhi Declaration

I hereby declared that all the statements written in the above application are true and correct to the best of my knowledge and belief.

**DATE :** .....

**(Dr.Raza Ahmed)**

**PLACE:**.....

# ***Dr Sreejith SJ***



## **Contact**

*Phone: 9400545092, 8921978023*

*E-mail: drsreejithsj@gmail.com*

*Address: Ayiliyam, Melaranoor, Karamana*

*Trivandrum, Kerala.*

*Nationality: Indian*

*Date of birth:15-4-1991*

## **Education**

- *MS (Shalyatantra) from Amrita University in year 2019.*
- *BAMS from Kannur University in year 2015.*
- *Higher secondary from SMVHSS in year 2009.*
- *High school passed from MMRHSS in year 2007.*

## **Career**

- *Currently working as Assistant professor in Aligarh Ayurvedic medical college UP.*
- *Currently working as CCIM syllabus drafting committee member*
- *Worked as medical officer in Gayathri group of medical institution (2021 jan -2022 April)*
- *Worked as medical officer in Ayursoma Ayurvedic village in Trivandrum (2019-2020)*
- *Qualified emergency medical technician (base level) and worked for Life supporter's institute of health science (Mumbai) under Kerala government project named ASAP during the year 2016 to 2019.*
- *As part of P.G thesis study, attain good skills in bacteria culturing and its incubation techniques from Amrita School of Biotechnology.*
- *As a part of Integrated posting in Amrita Institute of Medical science trained and attain good skills in various Research fields including Nano science and molecular biology, Animal houses etc.*

### **Publications**

- *“Lotus leaves an Alternate Wound Dressing Material in Chronic Non –Healing Venous Ulcers.”*
- *“Inflammatory changes leading to cancer -A review.”*

### **Dissertation topic**

*“AN IN-VITRO STUDY TO KNOW THE EFFICACY OF GANADHOOPANA ON PSEUDOMONAS AERUGINOSA”*

### **Paper presentations**

- *Presented paper on the topic “Ayurvedic perspective on Gouty arthritis” in International ayurvedic conclave Vajra 2017.*
- *Presented paper on the topic “Inflammatory changes leading to Cancer –A review” in IASTAM International seminar held at Kochi (AIMS).*
- *Presented paper on the topic “Lotus leaves an alternate wound dressing for varicose ulcer.” in International ayush conclave held at Trivandrum.*
- *Presented paper on the topic “Contemporisation of concept of vedanasthapana” in Sammohan held at Parul University Gujarat.*

### **Areas of interest**

- *Rheumatology*
- *Anorectal*
- *Podiatry*
- *Vascular diseases*
- *Bone and joint ailments*

### **Languages known:**

*Malayalam, English, Hindi, Tamil, Sanskrit*



## **PROFILE**

**Name:** Dr. Richa Sharma

**Teacher code:** AYSV000323

**Designation:** Associate Professor

**Subject:** Swasthavritta and Yoga

**Attended CME/Seminar:**

1. International conference on 1-3rd December Atharva-2006 @ DGM Ayurvedic Medical College, Gadag (Karnataka)
2. National Sambhasha on Marma chikitsa etc. on 19/01/2019 @ BSI Ayurveda Medical College, Roorkee.
3. CME for teachers of Swasthavritta on 22-27 July, 2019 @ All India Institute of Ayurveda (AIIA), New Delhi.
4. International conference on Innovative Research in Ayush Science on 28-29 February, 2020 @ Bareilly (UP).
5. Web CME on Care of GI track and Kidney in the time of Covid-19 on 24 May 2020.

**Academic achievement:**

1. I worked as one among the members of editorial board working for International Journal of Ayurveda and Pharmacy (IJRAP).
2. I had been published my 2 Review papers on this same journal.
3. I am working as a writer since 2013 bearing the name as Dr. Richa 'Spasht'.
4. My first book was published in 2014 bearing the name as 'Antah Jagruti' depending upon social and spiritual subjects and its second colour edition will be available soon.

**Extra achievements:**

1. I am having the degree for 4 years of Prabhakar course for गायन and वादन both.
2. I had been passionate for dancing since my childhood to present time.