

# Dr.Abdur Rahaman B.A.M.S., MD(Ayu)



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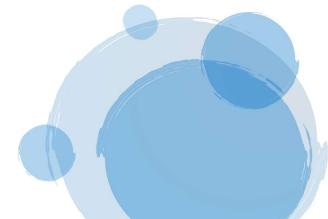
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# **Experience**

- Currently working as Assistant Professor, Department of Dravyaguna Vigyan (Materia Medica & Pharmacology), Aligarh Ayurvedic Medical College & ACN Hospital, Aligarh, Uttar Pradesh
- Previously worked as a Senior House Surgeon, Department of Shalya Tantra (General Surgery including Ksharsutra) & Atyaika Chikitsa(Emergency Management) at J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata, Govt. of West Bengal
- Worked as a Junior House Surgeon, Department of Shalya Tantra (General Surgery including Ksharsutra) & Atyaika Chikitsa (Emergency Management) at J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata, Govt. of West Bengal
- Worked as a Chief Ayurvedic Consultant at Arogya Niketan Clinic & Vedic Care Clinic, Kolkata, West Bengal

### **Education**

- B.A.M.S.(Ayurvedacharya), 2015 from J.B.Roy State Ayurvedic Medical College & Hospital, Kolkata under W.B.U.H.S., Govt. of West Bengal
- MD AYURVEDA (Ayurveda Vachaspati) in DRAVYAGUNA (Materia Medica & Pharmacology), 2021 from Institute of Post Graduate Ayurvedic Education & Research, Kolkata under W.B.U.H.S., Govt. of West Bengal



#### **Dissertation Topic**

"Comparative assessment of the Rasayan Guna Karma and safety profile of hydroalcoholic extract of Toxic medicinal plants by using the Antioxidant and Chronic toxicity studies"

#### **Presentation/Seminar/CME**

- 3 days International Seminar on "Promotion, Prevention and Pacification: Ayurvedic Landscape" organized by Centenary Celebration Committee of J.B.Roy State Ayurvedic Medical College & Hospital, held during February 9-11, 2016
- 2 days International Symposium on "Yoga, Ayurveda & Other Streams of AYUSH" organized by Shree Satyananda Mahapeeth, Jadavpur, Kolkata in collaboration with West Bengal Council of Yoga and Naturopathy & Paschim Banga Ayurved Parishad on 7<sup>th</sup> & 8<sup>th</sup> March, 2020
- Poster presentation on "Safety And Efficacy Of Poisonous Ayurvedic Plants After Traditional Purification (Shodhan)" at International Symposium in SOHAM 2020, Kolkata, West Bengal
- Webinar on "Awareness Programme on Pharmacovigilance" organized by IPvC, ITRA-Jamnagar, Ministry of AYUSH, Govt. of India on 25<sup>th</sup> January, 2021
- Completed the training programme on "Ayurvedic Doctors on Modern Medicine (Limited)" organized by Department of Pharmacology, NRS Medical college, Dept. of Health & Family welfare, Govt. of West Bengal

## **Publications in Journal/Magazine**

#### In Journal-

- Rahaman et al., A comprehensive review and aoushadhi prayog of Acacia catechu WILD.
  W.S.R. to Nighantus, World Journal of Pharmaceutical Research, Vol 11, Issue 6, 2022, 416-428
- Abdur Rahaman\*, Tanzil Ansari, Trisha Talapatra, **Role of Bhesaja and Shalya Chikitsa in Arsha Roga W.S.R. to Haemorrhoids,** World Journal of Advance Research and Reviews, 2022, 14(02), 068-075
- Rahaman et al., Asthisamhari (*Cissus quadrangularis* Linn.), a Medicinal Plant in Ayurveda and Modern perspective: A comprehensive review, International Journal of Pharmaceutical Research and Application, Vol 7, Issue 3, 2022, pp. 29-37
- Rahaman et al., A comprehensive review of Haritaki (*Terminalia Chebula RETZ.*) and Ritu Haritaki W.S.R. to Ayurveda and Modern Pharmacological perspective, International Journal of Pharmaceutical Research and Application, Vol 7, Issue 3, 2022, pp: 45-52
- Rahaman et al., Cutch Tree: A brief Review on Ayurveda and Modern Pharmacological properties, Journal of Research in Pharmaceutical Science, Vol 8, Issue 4(2022), pp: 06-13
- Rahaman et al., A comprehensive review of Ayurvedic Management of Arsha Roga W.S.R. to Haemorrhoids, Journal of Medical and Dental Science Research, Vol 9, Issue 4 (2022), pp: 80-84
- Dr.Abdur Rahaman<sup>2</sup>, Dr.Ushasi Ghosh Chaudhury<sup>1\*</sup>, Dr.Poonam Chhabra<sup>3</sup>, A Comprehensive Review and Standardization of Talisapatra W.S.R. to Bhrihattrayee and Nighantus, World Jounal of Pharmaceutical Research, Vol 11, Issue 6, 569-579

#### In Magazine-

Regular writer of most famous & leading Bengali Health Magazine "Sarir o Sasthya" published by Bartaman Patrika. He wrote various health issues and topics related to

Ayurveda for this magazine. These are-

- Amalaki- Benefits and how to consume- Sarir o Sasthya, 15th January, 2021
- Benefits of vegetables of summer season- Sarir o Sasthya, 15th April, 2021
- **Does consumption of Bitter food helpful in Diabetes?** -Saptahik Bartaman, 25<sup>th</sup> September, 2021
- Which fruits are best for winter season? Sarir o Sasthya, 15th December, 2021
- Benefits of Tikta Rasa- as per the Ayurveda & Modern science perspective Saptahik Bartaman, 5<sup>th</sup> March, 2022
- Nutritional value of flowers Sarir o Sasthya, 15th April, 2022
- Glimpse of Glory: A brief case history Dr.Abdur Rahaman, Dr.Abhimanyu Poddar, Dr.Kawsar Haque Mondal & Dr.Srinkanta Pandit, Souvenir of 102<sup>nd</sup> Foundation Day and 46<sup>th</sup> Reunion, 2016, J.B.Roy State Ayurvedic Medical College & Hospital, Govt. of West Bengal
- Immunity- Advance self-care through Ayurveda- Dr.Abdur Rahaman, Nishan Magazine, December, 2021

## **Recognition of excellence**

- He is recognized for Unique ayurvedic treatment skills for a chronic disease in various Leading Bengali News Paper like- Dainik Sangbad on 22<sup>nd</sup> November, 2016 & Ekdin Patrika on 12<sup>th</sup> November, 2016
- He was also appeared on TV9 Bangla for his excellence on Dravyaguna Vigyan & demonstrated various endangered Plants in Herbal Garden, Eco Park, Kolkata on 14<sup>th</sup> January, 2021